



6th TAFISA World Sport for All Games TAFISA UNESCO Jakarta Call for Action on Active Cities

- We, the participants of the 6th TAFISA World Sport for All Games from over 80 countries, gather
 on the 9th of October 2016, in Jakarta, Indonesia to further strengthen the role of traditional sports
 and physical games and to contribute to the promotion of world peace, prosperity, and healthy
 societies.
- 2. We ackowledge the World today is challenged by the reduction of physical activity in daily life and growing levels of inactivity, often associated with an urban lifestyle. The city setting has an increasingly important role to play in tackling inactivity and fostering sustainable participation in Sport for All and physical activity.
- 3. We highlight the important role that traditional sports and physical games have in shaping civilizations and cultures and a sense of togetherness within region, country, and cities.
- 4. We endeavour to develop stronger collaboration among all stakeholders including societies and countries to further intensify interaction for the promotion, protection, and implementation of traditional sport and physical games.
- 5. We recognize the growing contribution of sport to the realization of development, peace, the promotion of tolerance, respect and the contributions it makes to the empowerment of women and of young people, individuals and communities as well as to health, education and social inclusion objectives.
- We acknowledge sport and physical education have the ability to cut across barriers of age, gender, religion, race and nationality, and as powerful tools in attaining the Sustainable Development Goals. (SDGs)
- 7. We highly value the concept of "Active Cities, Active Communities, and Active Citizens" and stress the need to implement it in cities and elsewhere within countries. We call upon communities to further strengthen their efforts in developing Sport for All and physical activity participation and strengthen their networks.
- 8. We share a common expectation on strategy to incorporate physical activity, traditional sports and physical games in policies and regulations within countries, region and international agenda in conformity with the aspiration of the people and their respective norms and cultures.
- Therefore, we call for action that we are committed to provide through various means for development of Sport for All and physical activity with a focus on:
 - Bringing together all parties responsible for Sport for All and physical activity, including the governments, media and NGOs, health and medical, education and sport sectors, universities, professionals, city planners, municipalities, sport organizations, observers and other societies;





- Focusing efforts on contemporary challenges and aligning with the Sustainable Development Goals, specifically seeking to achieve 'Sustainable Cities and Communities', as well as 'Good Health and Well-being', 'Quality Education' and 'Gender Equality' for all people;
- Prioritizing physical activity as a solution by building opportunities for physical activity into city policies, master plans and incentive schemes;
- Utilizing existing resources as active resources, such as programs within existing open spaces
 and parks, after-hours access to facilities including school playgrounds and sports grounds,
 establishing 'car-free' zones and times for citizens to utilise the streets for physical activity and
 play, and encouraging the practice of traditional sports and games;
- Supporting the creation of Active Schools by mandating physical activity and quality physical education be included within school curricula, and encourage physically active play and learning;
- Encouraging medical practicioners to prescribe physical activity as a solution instead of, or in combination with, other medical treatments, whenever appropriate;
- Making physically active commuting more attractive by providing safe sidewalks, walking and biking paths, bike parking, efficient and convenient public transport solutions;
- Encouraging to develop active workplaces and access, such as bike parking and outdoor activities;
- Ensuring existence of elite sport events in the framework of sustainable physical activity for the enjoyment of the general population;
- Fostering dialogue and cooperation with key stakeholders, including the sport movement, private sector, media and academia, in order to harness the manifold benefits of physical activity;
- Building a public awareness campaign, and advocate for, the many benefits of the Active City approach, making use of existing resources including TAFISA's Active Cities, Active Communities, Active Citizens program, supported by the International Olympic Committee, and Take Back Your Streets...Take Back Your Future! Program.
- 10. In light of the above, We express appreciation to the Government and People of the Republic of Indonesia for the successful organization and warm hospitality extended to the participants.

Jakarta, 9 October 2016